

# Fabric surgical face mask cover

For medical use to wear over surgical masks

You will need:

✂ **Two different colors of cotton fabric**

*It's important to use two different colors so medical workers can easily remember which side is inside and outside.*

✂ **Flannel fabric**

✂ **Elastic**

*If you don't have elastic you can make fabric ties. Instructions listed on the back*

✂ **Nose piece: Twist Ties / Wired Ribbon (Pipe Cleaner) for the nose piece – (approx. 4 inch long)**

**All fabric  
must be  
new!**

## 1 Prewash fabric

All fabric **MUST** be prewashed to meet regulations.

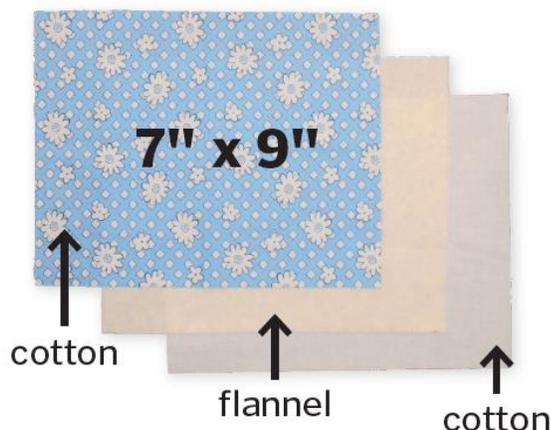
## 2 Cut fabric and elastic

Two pieces of cotton fabric 7"x9" (for front and back)

One piece of flannel fabric 7"x9" (for inside)

Two pieces of ¼" elastic 7" long

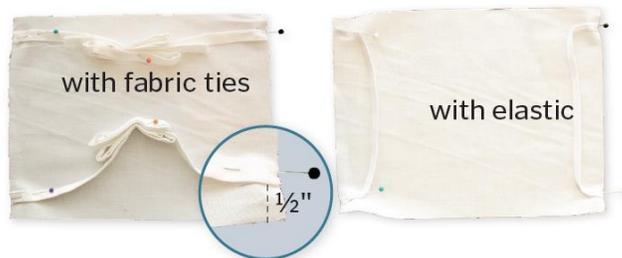
*(See fabric tie instructions if you don't have access to elastic.)*



## 3 Place elastic or fabric ties

Pin a piece of elastic to the wrong side of one of the cotton pieces. Pin one end on the top of short side of the rectangle 1/2" from the long side, and the other end at the bottom 1/2" from the long side. This creates an ear loop. Repeat on opposite side with second piece of elastic.

If you are using fabric ties, place only one end of the tie at the top of the short side 1/2" from the long side, and a separate one at the bottom 1/2" from the long side. Pin loose ends together to avoid sewing them in during the next step.



## 4 Pin and sew facemask

Place the second piece of cotton fabric on top of the other one with right sides together. Place flannel fabric on top of cotton fabric. Sew around entire facemask leaving a 2" opening along the bottom for turning. Backstitch over elastic/fabric ties. Turn right side out.



## 5 Create pin tucks

Fold the mask in half and press. Open the fabric and fold edges to the middle pressmark. Press and open. Then, by each pressmark create 1/2" pin tucks facing upwards. Sew along the outside of the entire mask using a 3/8" inch seam allowance.

Fold in half



Fold edges to the middle pressmark



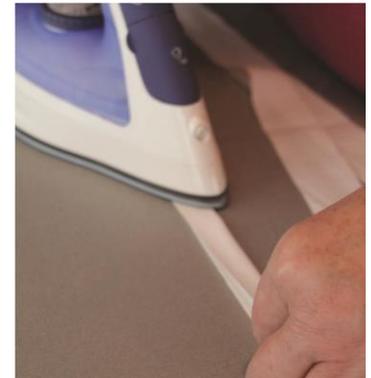
pin tucks



## 6 Fabric tie instructions

If you do not have elastic, you can make fabric ties. You basically make/use bias tape.

Cut four pieces of cotton fabric 1 1/2" wide and 16" long. Take one piece, fold in, and press one short edge 1/2". Then fold it in half lengthwise and press. Open and fold in both raw edges to the middle. Fold that in half and top stitch the tie. Repeat with other three pieces.



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Zig-zag nose piece onto outside of mask, approximately 1/4 inch from top edge.



## 8 Packaging and shipping instructions

Please place **20 masks** in a Ziploc bag and mark the bag Surgical Masks. You can drop them off at any CAM Canada location or mail them to one of the following addresses. Please mark the package *Attention Receiving*.

**Christian Aid Ministries Canada**  
1 Parkview Drive  
Moorefield, ON N0G 2K0

**Christian Aid Ministries Canada**  
3260 Bricker School Line,  
Wallenstein, Ontario

